

American Perceptions, Current Realities, & New Directions for Aging Well in Community

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Gretchen's Three Points

1. Perception vs. reality

2. Function  financing & delivery

3. Success = OPE x FCI x ST

What is Long-Term Care? (aka Long-Term Services and Supports)

Non-medical
functional support

Help with Activities
of Daily Living (ADL)
(e.g., bathing, dressing,
eating, walking)

Received in a
home or
institutional setting

Provided by paid
&/or unpaid
caregivers

www.LongTermCarePoll.org



The Associated Press-NORC
Center for Public Affairs Research



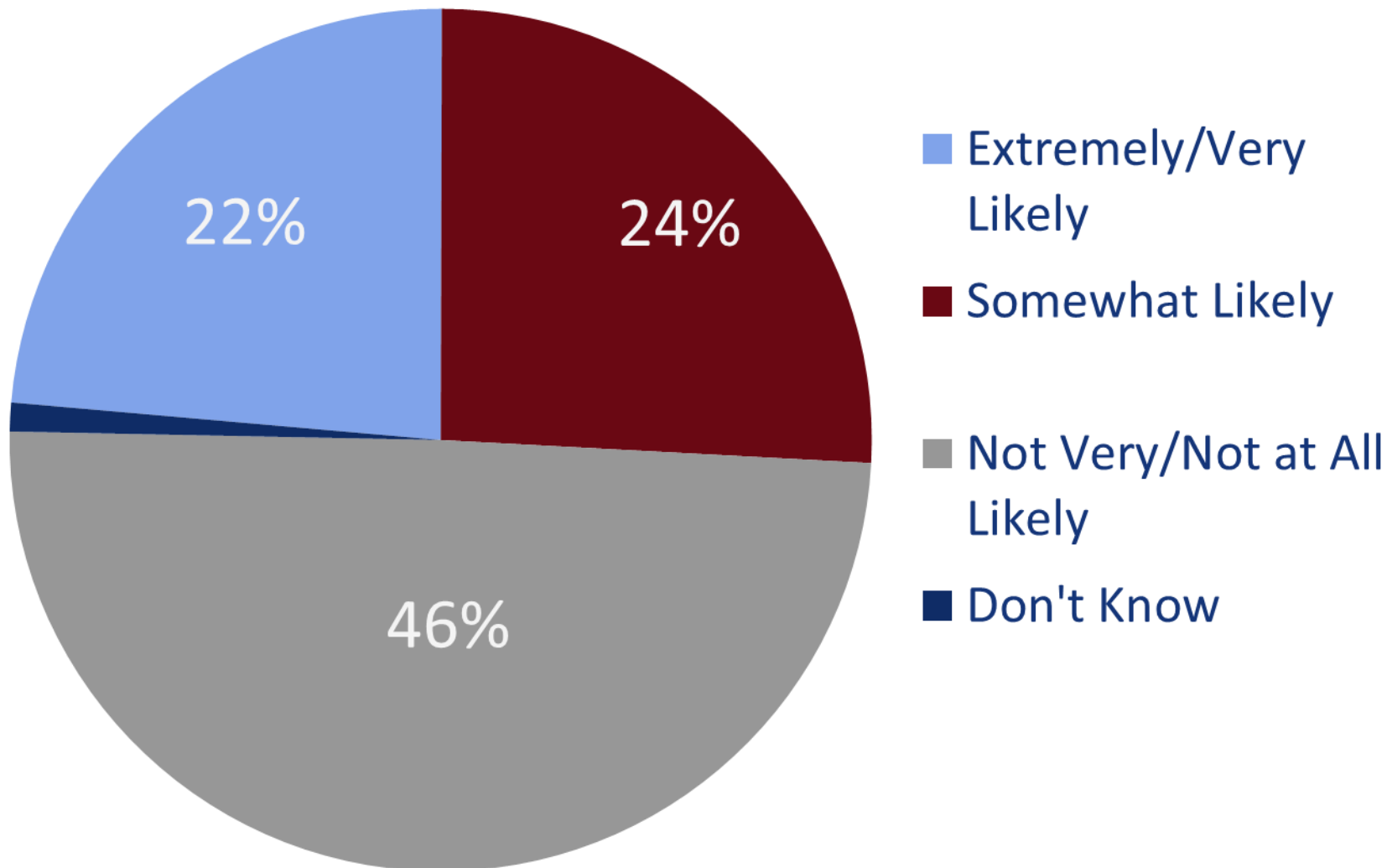
LONG-TERM CARE IN AMERICA: EXPECTATIONS AND PREFERENCES FOR CARE AND CAREGIVING



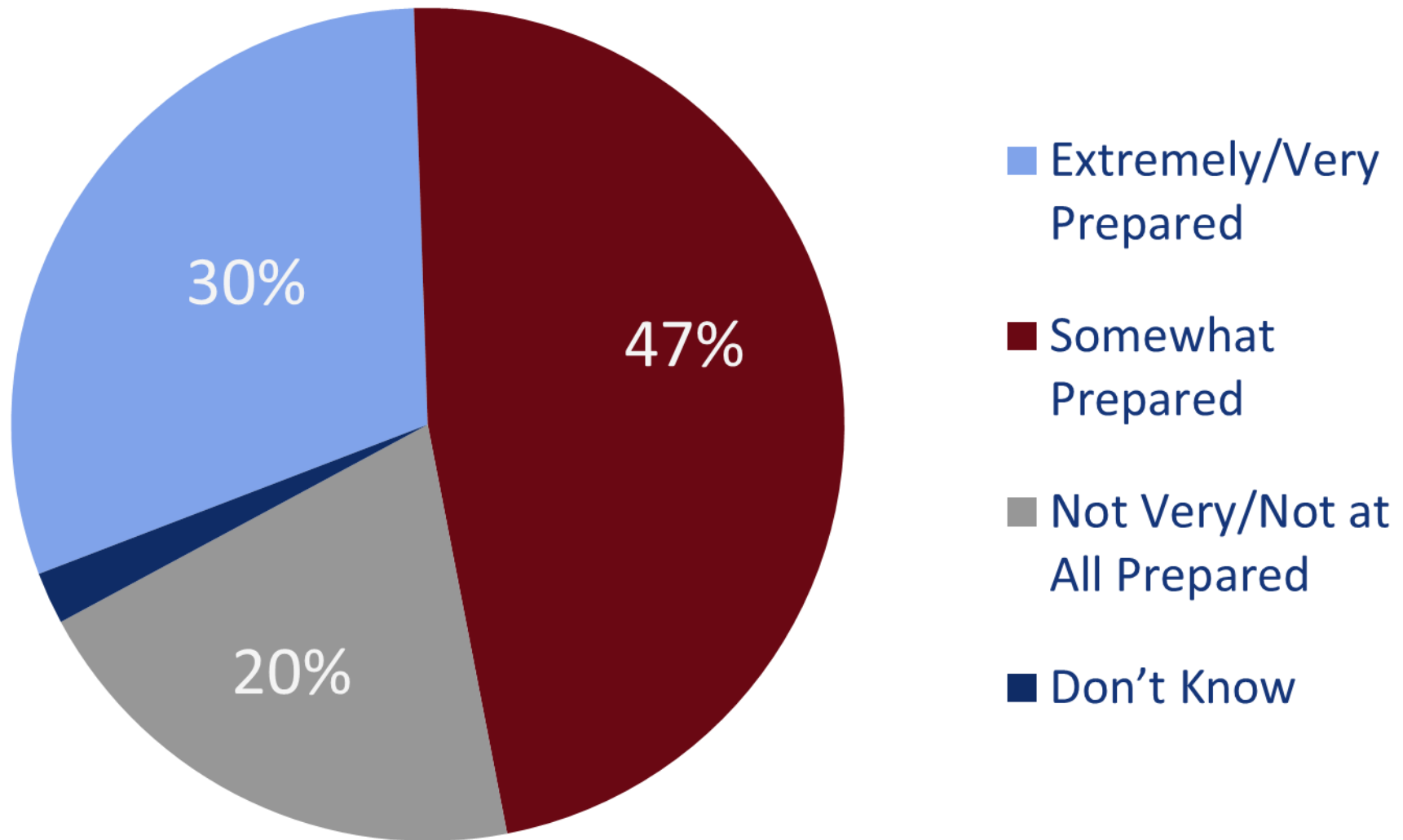
www.TheSCANFoundation.org



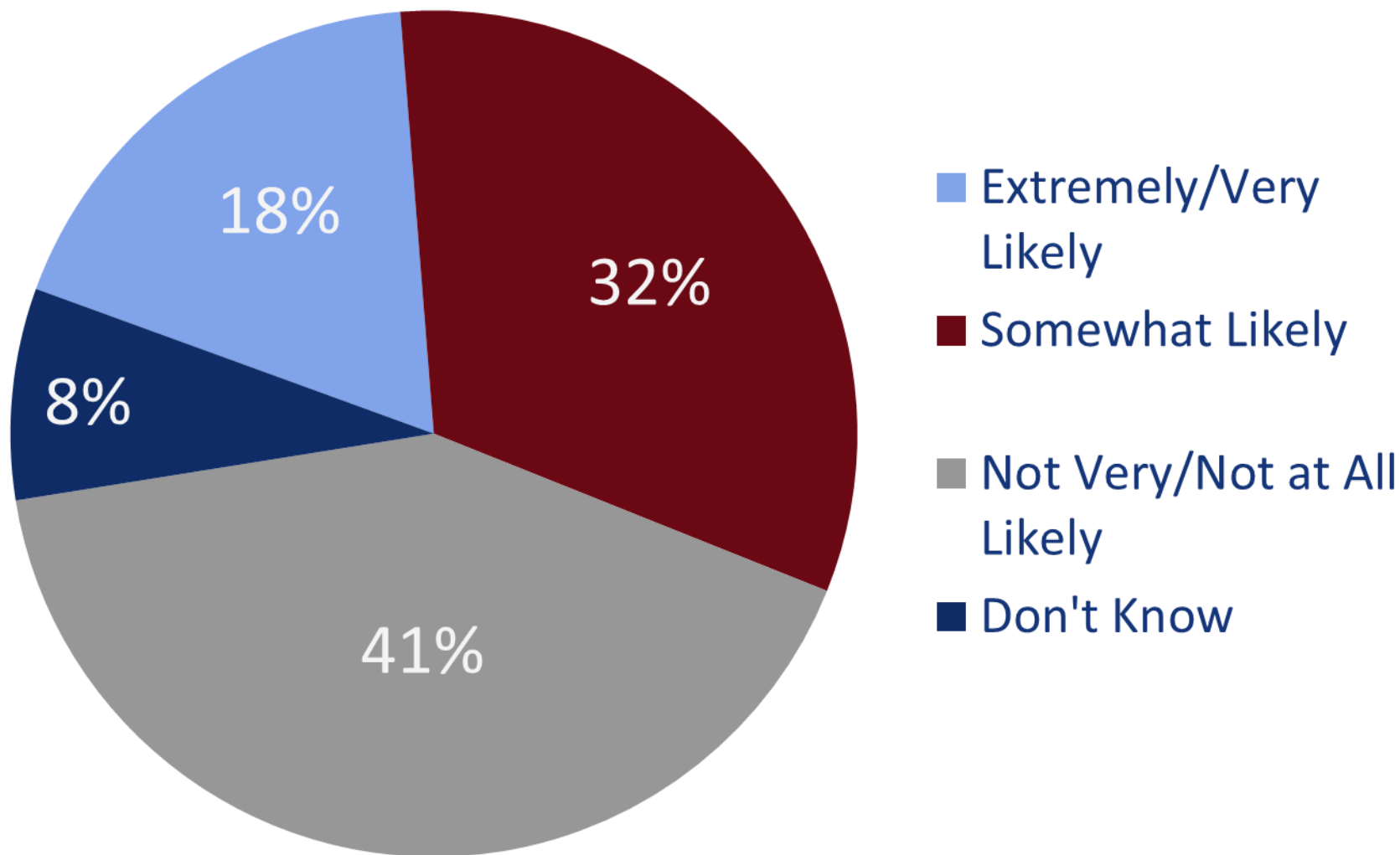
% loved one needs care in next 5 years



% who are prepared to help a loved one



% who believe they will ever need help



A Risk We All Face

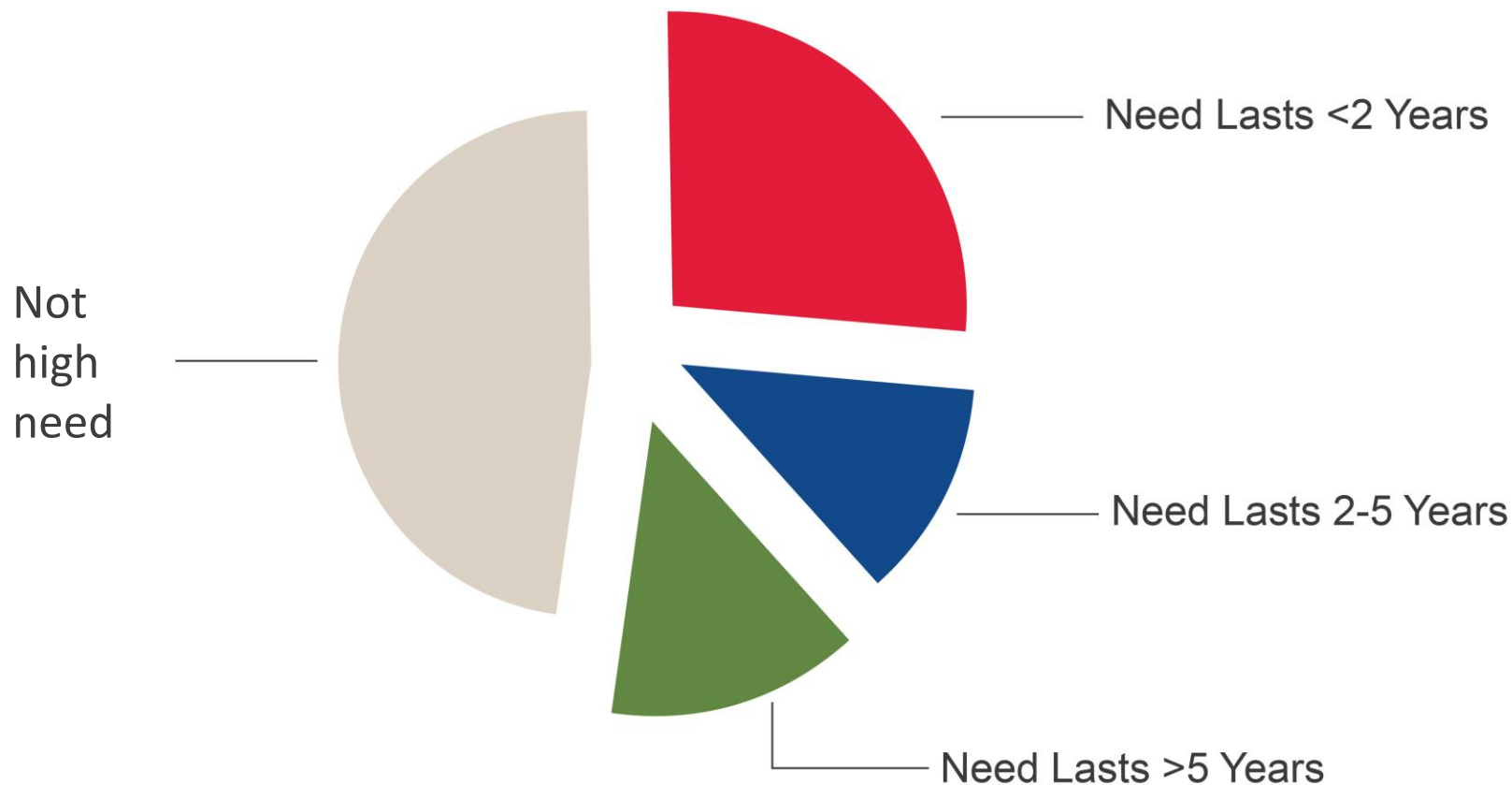


**Half of Adults Age 65+ Will Need a
High Level of Care at Some Point**

Favreault & Dey (2015), Table 1

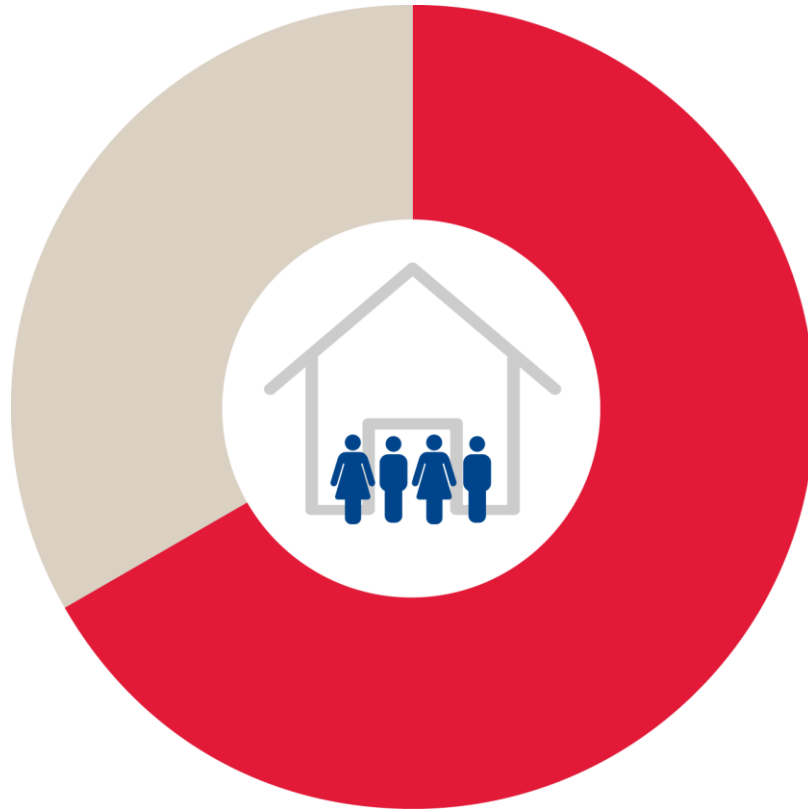
Older Adults Risk Many Years of High Need

52% of Adults Age 65+ Have High Need



Favreault & Dey (2015), Table 1

Americans Rely on Unpaid Caregivers



Nearly 2/3

of Older Adults with
LTC Needs Living at
Home Receive All
Help from Unpaid
Family and Friends

Note: Excludes individuals living in nursing homes
Freedman & Spillman (2014), Table 2

U.S. Aging Policy Milestones

Daily Living Security

Public: ACA Opportunities (2010)

Medicaid (1965)

Older Americans Act (1965)

Private: LTC Insurance (1970s)

Family / Friends / Neighbors

Income Security

Public: Social Security (1935)

SSDI/SSI (1956/1972)

Private: Defined Benefit

401K – 403B

Private Disability Ins.

Earned Income

Health Security

Public: ACA (2010)

Medicare/ Medicaid (1965)

VA (1930)

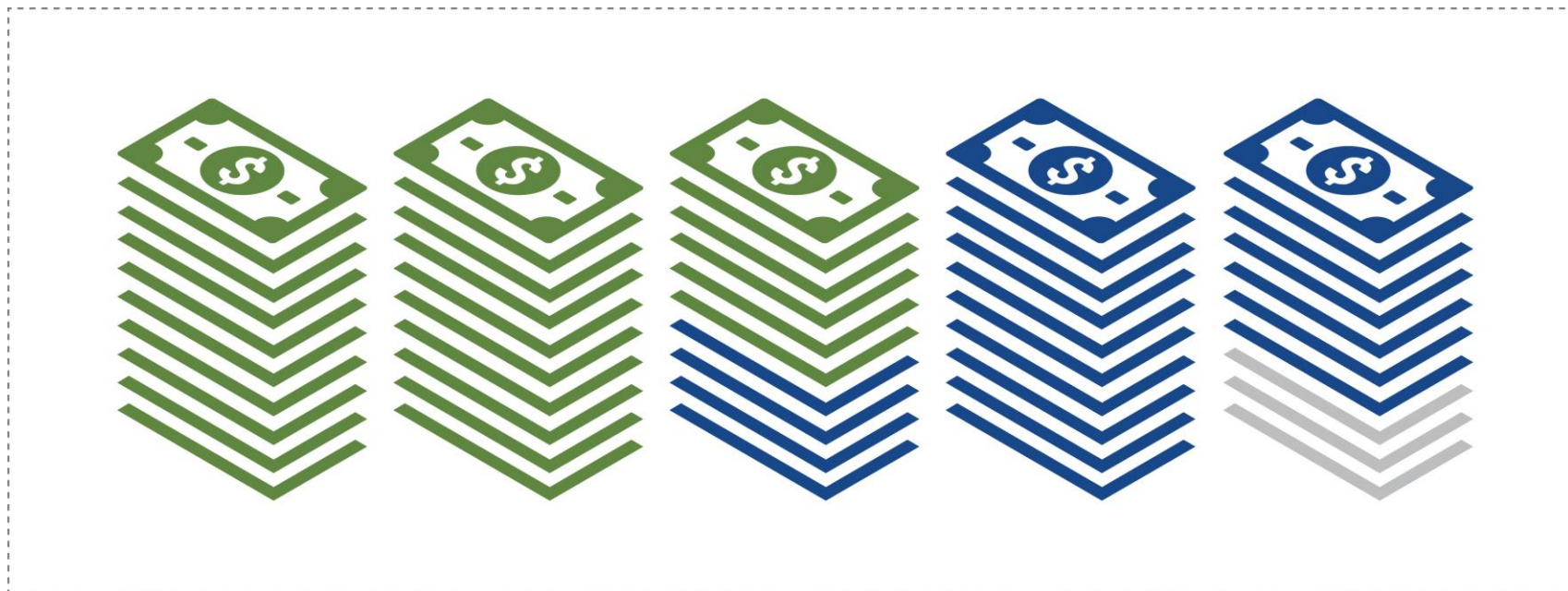
Private: Medigap (1965)

Retiree Health Insurance

Pub/Priv: Medicare Managed Care

(1982; 1997; 2003)

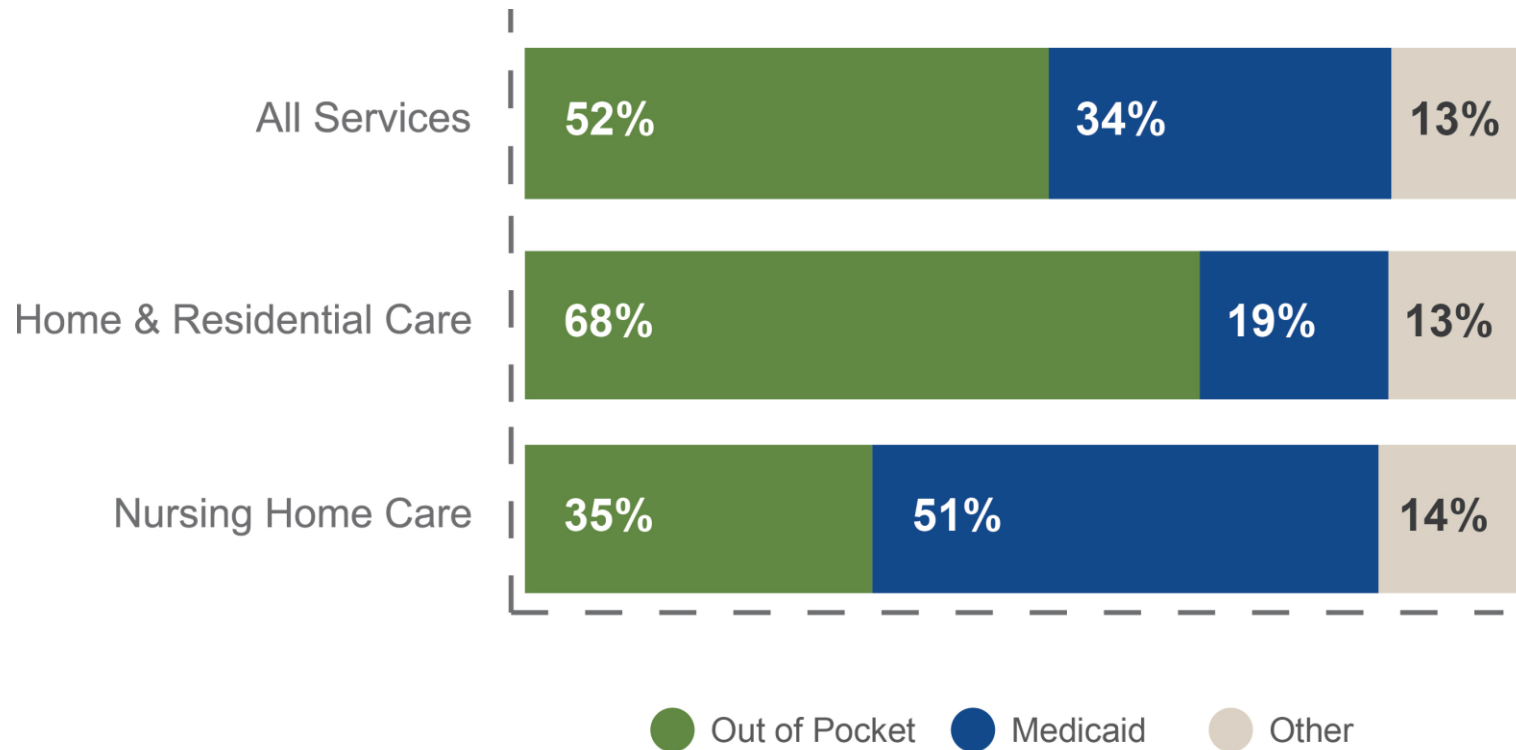
More Than Half of LTC Spending...OOP



● Out of Pocket (53%) ● Medicaid (42%) ● Private LTC Insurance (5%)

Favreault & Johnson (2015), Table 15

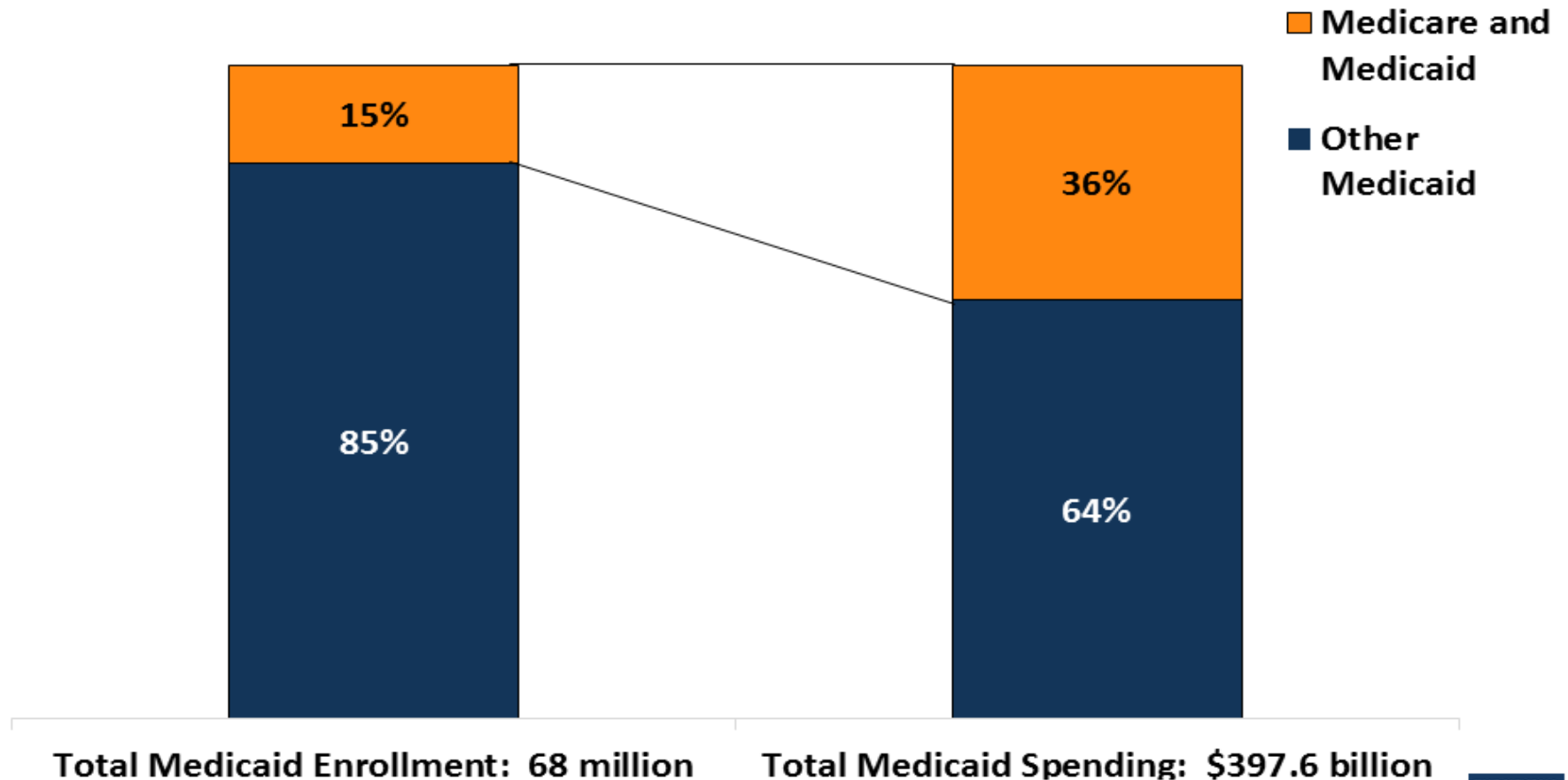
Medicaid & Out of Pocket Cover Most Lifetime Average LTC Spending



Note: The estimated remainder of spending (Other) includes a combination of private LTC insurance and Medicare
Favreault & Dey (2015), Table 3A

Figure 5

Medicare beneficiaries as a percent of total Medicaid enrollment and spending, 2011

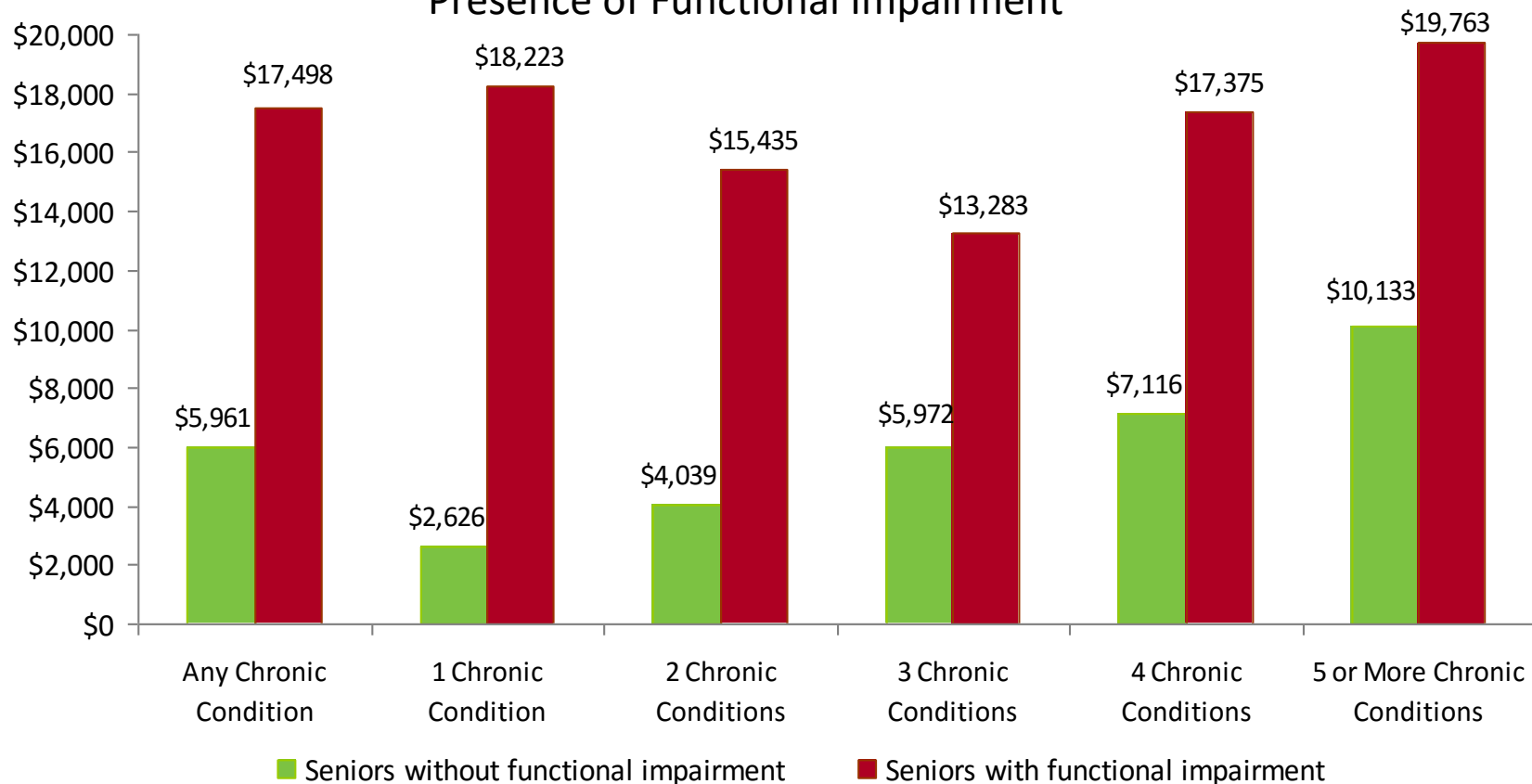


SOURCE: Kaiser Family Foundation and Urban Institute estimates based on data from FY 2011 MSIS and CMS-64 reports. Because 2011 data were unavailable, 2010 MSIS data were used for FL, KS, ME, MD, MT, NM, NJ, OK, TX, and UT, and adjusted to 2010 CMS-64 spending levels.



Hidden Medicare Costs of Chronic Conditions & Functional Limitations

Annual Per Capita Medicare Spending in 2006, by Number of Chronic Conditions and Presence of Functional Impairment



N = 22,104,694 with any chronic conditions and no functional impairment, N = 3,562,347 with any chronic conditions and functional impairment.
Excludes beneficiaries who died in 2006.

Sources of High-Cost Variation

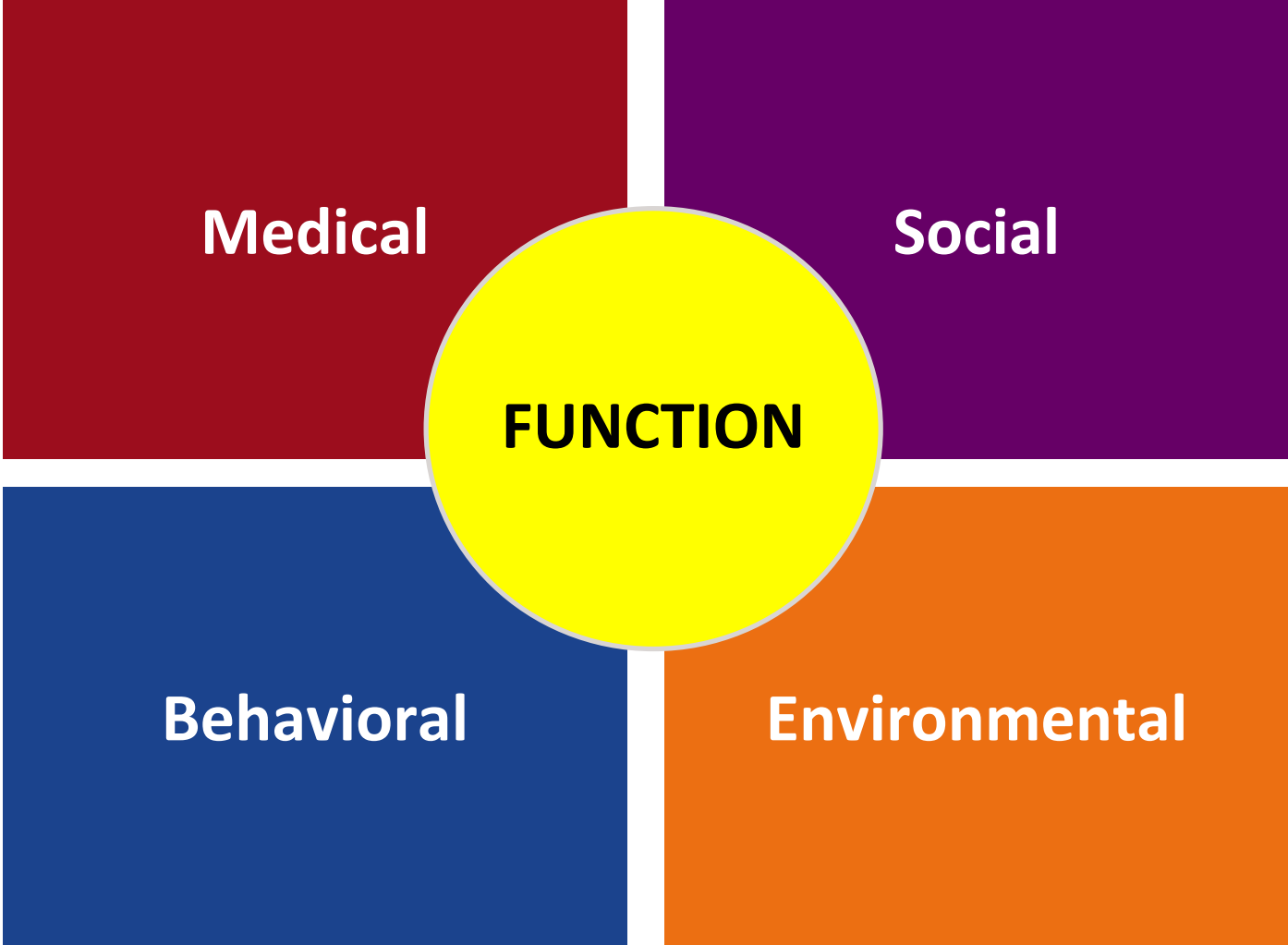
Medical

Social

Behavioral

Environmental

Where Function Exists...



Formula for Success...?



Success = OPE x FCI x ST

- OPE: Older person's engagement
- FCI: Family caregiver involvement
- ST: System transformation *for delivery and financing*



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Summary Thoughts...

- Aging is not a *tsunami*, but series of personal realignments as **perceptions collide with realities**
- Disruption *won't be solved* with **today's paradigms & tools**
- *Your Job: use your talent & energy* to create new **paradigms, tools, & systems of care**

The Real Policy Goal...



Our Vision:

A society where older adults can access health and supportive services of their choosing to meet their needs.

Our Mission:

To advance a coordinated and easily navigated system of high-quality services for older adults that preserve dignity and independence.

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