The Faces of Aging: California Stories
CCGG 35th Annual Meeting
California Council on Gerontology and Geriatrics

Long Beach Marriott Hotel
4700 Airport Plaza Drive
Long Beach, CA 90815

Program Outline

7:30 – 8:30AM
Registration / Continental Breakfast – Grand Ballroom Foyer
Poster Session set-up

8:00 – 9:00AM
Special Event - Explore Your Career In Aging: Start Here Today!
Enhance your career pathway by participating in this mentoring and networking event! This session is designed for students to talk one-on-one with service providers, academicians, and others working in the aging field. Designated career sector areas include health care, housing, education, advocacy, social services, and behavioral health. Students can attend one or more groups throughout this hour-long workshop. Don’t forget to bring your prepared resume and questions.

Health Care & Behavioral Health
Marie Cordeiro, MN, RN (Los Angeles Jewish Home)
Cheryl Osborne, EdD, MSN, RN, FAGHE (CSU Sacramento)
Barbara White, DrPH, RN, AGNP (CSULB)

Education & Training
Maria Claver, PhD, MSW (CSULB)
Wendy Lozano (CSULB)
Elena Ionescu, MSG (CSULB)

Community-based Services & Housing
Jan Trifiro (California Assisted Living Association)
Bill Cruikshank (Long Beach Meals on Wheels)
Tameka Brown (be.group)

Advocacy
Joe Rodrigues (California Department on Aging)
Julie Bates, MS (AARP)
Jolene Fassbinder, MSG, MACM (Archstone Foundation)

9:00 – 9:10AM
Welcome – Grand Ballroom
Patty Robinson, PhD
CCGG President; Dean of Social Sciences and Business Division, College of the Canyons
Jolene Fassbinder, MSG, MACM
Program Officer, Archstone Foundation

9:10 – 9:55AM
Stories from the Field...Lessons Learned
Fernando Torres-Gil, MSW, PhD
Director, UCLA Center for Policy Research on Aging

9:55 – 10:00AM
Break

Concurrent Sessions
10:00 – 11:30AM
Health and Wellbeing – Grand Ballroom
Moderator: Marie Cordeiro, RN, Los Angeles Jewish Home
Music Intervention for Older Adults with Dementia
Maria Teresa Kelley, CSU Fullerton
Karen Wong, MSG, CSU Fullerton
Therapeutic Storytelling Workshop for Caregivers of Persons with Dementia
Ya-Ling Hsu, CSU Fullerton
Karen Wong, MSG, CSU Fullerton
Secrets to Wellness, One Healing Touch at a Time for Aging Veterans
Debra McCoy, CNA, Veterans Affairs-Greater LA Health System
Anne Soon Choi, PhD, MSW, MPH, CSU Dominguez Hills
## Concurrent Sessions (continued)

### 10:00 – 11:30AM

**Education and Training Models – Salon A/B**

*Moderator: Janet C. Frank, DrPH, UCLA Fielding School of Public Health*

- Kern County Geriatric Education Project
- Jacey Cooper, Kern Medical Center
- Travis Eckard, PT, MPT, DPT, Kern Medical Center

*Mentoring in Distributed Education: Expanding California’s Social Service Workforce*

- Donna Jensen, PhD, LCSW, MSW, CSU Sacramento

*Team-Based Interprofessional Competency (TIC) Training in Dementia Screening and Management*

- Zaldy Tan, MD, MPH, David Geffen School of Medicine at UCLA, Division of Geriatrics

### 11:30 – 12:00PM

**Poster Presentations – Salon E/F**

### 12:00 – 12:40PM

**Networking Lunch**

### 12:40 – 1:00PM

**CCGG Business Meeting and Awards – Grand Ballroom**

### 1:00 – 1:05PM

**Break**

## Concurrent Sessions

### 1:05 – 2:35PM

**Linking Education Into Practice – Grand Ballroom**

*Moderator: Tara Grunewald, PhD, University of Southern California*

- California Employer Perspectives on Older Working Adults Specific to the Affordable Care Act Health Insurance Mandate
- John Fay, MSG, CSULB Alumnus

*Job Preparation and Career Transition with Higher Learning in California*

- Nathan Levoit, Silverado
- Susan Conti, Vintage Senior Living
- Matthew Ting, PhD, CSU Dominguez Hills
- Jan Trifiro, California Assisted Living Association

**Elder Abuse and Exploitation – Salon A/B**

*Moderator: Joe Rodrigues, California Department of Aging*

- Financial Exploitation of Older Adults and Fraud Preventions
- Rigoberto Reyes, Los Angeles County Department of Consumer and Business Affairs
- Michelle Mercury, MSG, CSU Fullerton

*Elder Abuse and Legislation: Public Awareness*

- Elena Ionescu, MSG, CSU Long Beach
- Wendy Lozano, MSG, CSU Long Beach

### 2:35 – 2:40PM

**Break**

### 2:40 – 3:25PM

**Face to Face with Aging – Grand Ballroom**

*Moderator: Julie Bates, MSG, AARP*

- Angela Frudakis, CSU Long Beach
- John Knight
- Sylvia Manheim
- Tatiana Vardanyan, CSU Northridge

### 3:25 – 3:30PM

**Closing Statements – Grand Ballroom**

*Patty Robinson, PhD*

*CCGG President; Dean of Social Sciences and Business Division, College of the Canyons*
Poster Presentations

Ageism in Film: A Quantitative Analysis of “Starring” Roles Over a Three-Year Period, 2011-2013
Kathleen Helppie-Shipley, BS, MSG(c), University of Southern California

A Give and Take: Balance in Social Support Exchange and Affective Well-Being
Diana Wang, University of Southern California; Tara Grunewald, PhD, MPH, University of Southern California

A Perception in Epidemiology of Aging
Parisa Shams, MPH, MSG(c), California State University, Long Beach

Disaster Planning for Home Health Patients and Providers: Literature Review and Evidence-Based Recommendations for Best Practices
Maria Claver, PhD, MSW, CPG, California State University, Long Beach; Tamar Wyte-Lake, DPT, MPH, Veterans Emergency Management Evaluation Center; Aram Dobalian, PhD, JD, Veterans Emergency Management Evaluation Center

Effect of 8-Week Multi-Factorial Balance Training on Fast Walking in Older Adults
Vennila Krishnan, PT, PhD, California State University, Long Beach; Olfat Mohamed, PhD, California State University, Long Beach; Young-Hee Cho, PhD, California State University, Long Beach; Barbara White, DrPH, RN, California State University, Long Beach; Savitri-Singh Carlson, California State University, Long Beach

Enhanced Generativity as a Psychological Benefit of Caregiving
Molli R. Grossman, University of Southern California; Tara Grunewald, PhD, MPH, University of Southern California

Evidence-Based Recommendations for Preparing Homebound Veterans for Disaster
Maria Claver, PhD, MSW, CPG, California State University, Long Beach; Tamar Wyte-Lake, DPT, MPH, Veterans Emergency Management Evaluation Center; Aram Dobalian, PhD, JD, Veterans Emergency Management Evaluation Center

Importance of Planning for Retirement and Its Effect From Lack of Planning
Kynou Kay Voravong, California State University, Long Beach

Improving Gerontology Care through Safe Patient Handling
Nimian Reyes Medina, BSN, West Los Angeles VA Medical Center; Frankie Chambers, West Los Angeles VA Medical Center

Meal Preparation for our Aging Veterans
Khanh Ngoc Hoang, LVN, West Los Angeles VA Medical Center

Older Adult Volunteer Value in the Workplace: Voices of Experience with the Long Beach Fire Ambassador Program
Donna M. Griggs, MSG, DMG Design

Physical and Psychological Effects of a Multi-Factorial Balance Training in Fallers and Non-Fallers
Cassandra A. Gearhart, California State University, Long Beach; Justin Samortin, California State University, Long Beach; Young-Hee Cho, PhD, California State University, Long Beach; Olfat Mohamed, PhD, California State University, Long Beach; Barbara White, DrPH, RN, California State University, Long Beach; Savitri-Singh Carlson, California State University, Long Beach

Relationship Among Physical Strength, Fear of Falling, and Depression
Andres Lopez, California State University, Long Beach; Jean Zapata, California State University, Long Beach; Bryana Svatos, California State University, Long Beach; Jennie Kim, California State University, Long Beach; Daniela Gonzalez, California State University, Long Beach

Shifting Perceptions and Attitudes toward Aging Californians with Disabilities: Successful Aging through the Social Model of Disability
Gina Semenza, MSG(c), California State University, Long Beach

“3, 2, 1...GO!”
Casey Goeller, MSG, MA, California State University, Long Beach; Elena Ionescu, MSG, California State University, Long Beach

Please remember to complete the evaluation form and return to a staff member at the registration desk. Thank you for attending the 35th CCGG Annual Meeting. See you next year!

The 35th CCGG Annual Meeting has been supported in part by: